

# FREE Worm Composting Workshop

Sponsored by  
Contra Costa County  
Department of Conservation and Development

Date: August 18, 2018  
Time: 10:30 a.m. to 12:30 p.m.  
Location: Crockett Library  
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A **FREE** Worm Composting Workshop will be offered at the Crockett Library on Saturday, August 18, 2018 from 10:30 am to 12:30 pm.

You will learn how to make your own worm compost. Vermicomposting (“vermi” is Latin for “worm”) is the process of using worms to process organic food waste into nutrient rich soil. Worms eat decaying food waste and produce vermicompost, a very effective soil supplement. The worms will produce both a liquid fertilizer and worm castings (a fancy name for worm poop). Worm poop is the best compost! It is a solid, odor free byproduct of worm digestion. You can collect your worm castings periodically and use them as a soil addition, soil conditioner, or even light mulch.

The instructor, Todd Sutton, an expert with more than 26 years in the environmental field, has appeared on national television including Discovery and History channels, and has educated thousands on waste prevention, reuse, recycling, and composting.

Did you know that each person is responsible for an average of 700 pounds of material disposed in landfills annually? According to a recent California study, an average of 37.4% of the waste from households is potentially compostable (yard and food waste). You can make a difference by just composting at home.

All Contra Costa County residents are welcome. Reservations should be made by calling the 925-674-7831. Make sure to reserve your seat today! To learn more about composting or recycling, just go to [www.ccrecycle.org](http://www.ccrecycle.org).

